

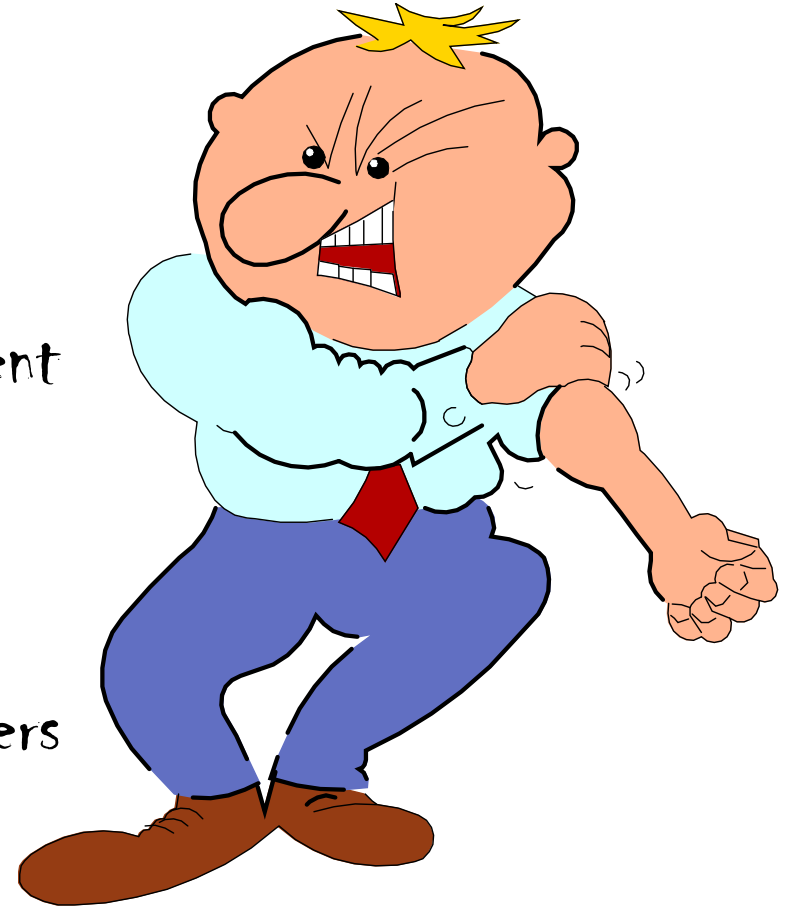
Crisis Management



Divorce

Characteristics of Abusers

- Jealous, short tempered
- Reacts physically
- Raised in abusive environment
- Macho Type
- May/may not batter kids
- Have the right to beat others
- Think victims need abuse



Characteristics of the Abused

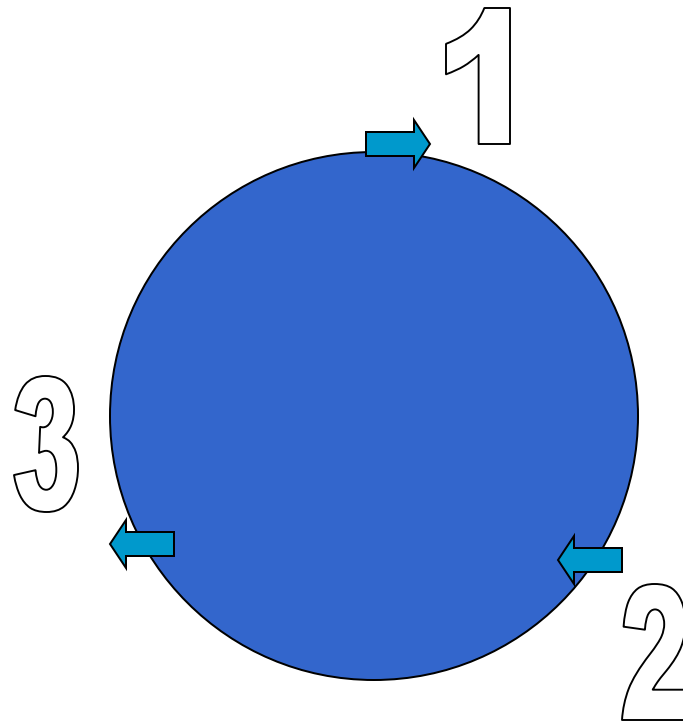


- Raised in abusive environment
- Low self-esteem, insecure
- Isolated
- Doesn't want to fail
- Fear of leaving/ or others getting hurt

The Violence Cycle

■ Works like this:

- 1-Tension Building
- 2-Battering Incident
- 3-Honeymoon Phase



Abuse Continuum

Mild

Moderate

Severe

Fatal

– shoving

punching

weapon threat

strangle

– pushing

kicking

battering

stabbing

– slapping

choking

stomping

shooting

Violence

■ Why would
someone stay in
an abusive
relationship????



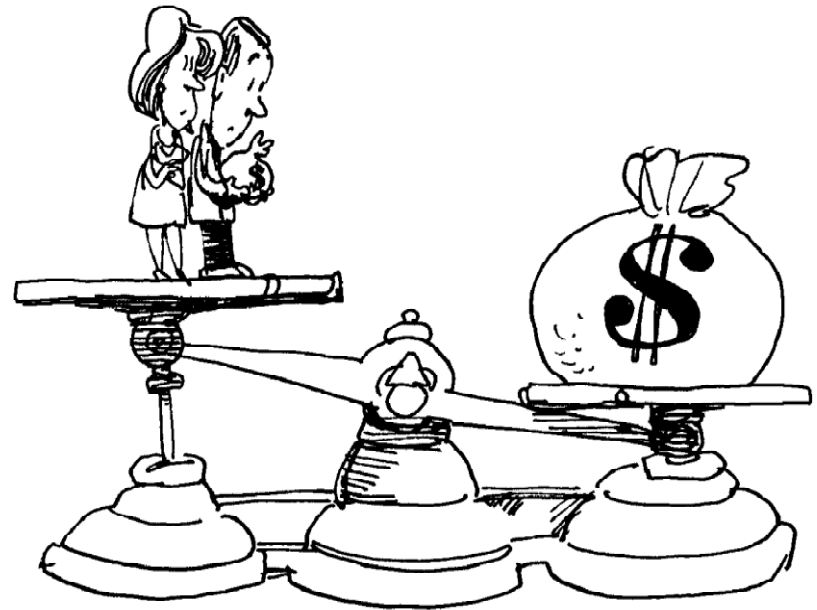
Violence



- Financial Dependence
- Social Implications
- Fear
- Belief he/she is cause of violence
- Belief everyone acts that way
- Feelings of incompetence

Divorce

- Factors Leading To:
 - Lack of love
 - Lack of communication
 - Lack of respect
 - Finances
 - Substance Abuse
 - Sexual Infidelity
 - Selfishness



Problems with Divorce

- Divorce hurts you
- Divorce hurts those around you
- Single life is not all that great!
- Staying married is better for you!!!
 - Health, financial, children, family, etc.



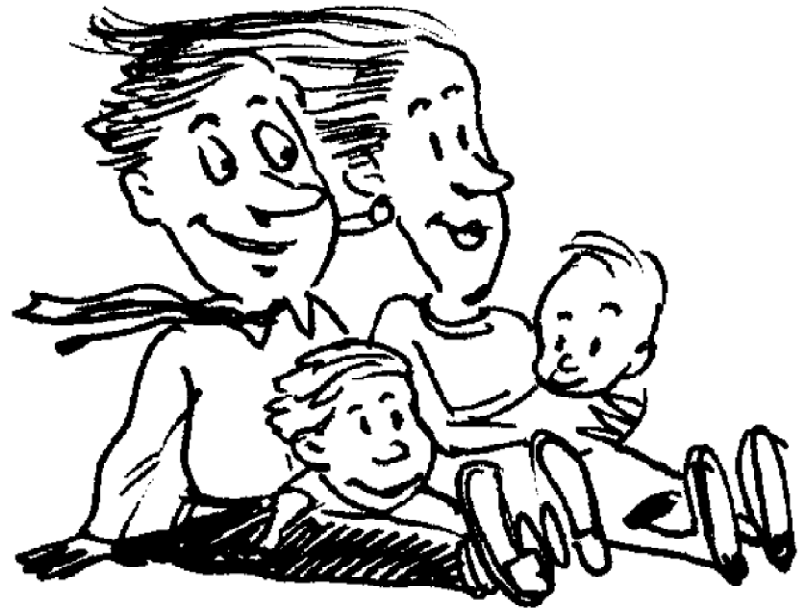
Coping with Divorce



- Shock and numbness
 - Denial
- Reality
 - Deep sadness, sense of loss, anxiety, depression
- Recovery
 - Loss is final, adjustments are made

Adjusting to Divorce

- Self-Concept
 - Depreciated self-value



Adjusting to Divorce



- School Performance
 - Academics drop in males
 - Truancies, absences increase
 - Parents assist less
 - Emotional problems

Adjusting to Divorce

■ Peer Relationships

- Less sociable
- Less participation
- More hostile
- Delinquent act-females
- Dating:
 - More difficult-females
 - Premarital sex



Adjusting to Divorce



- Children's Needs
 - Understanding why it happened
 - Not their fault
 - Help to deal with loss, anger, guilt
 - Accept permanence
 - Take a chance on love in the future

Age Effects

- Preschoolers
- (2-5 years)
 - Major theme
 - Fear of Abandonment
 - Symptoms
 - Sleep disturbance
 - What to do
 - Explain that custodial parent will always return



Age Effects



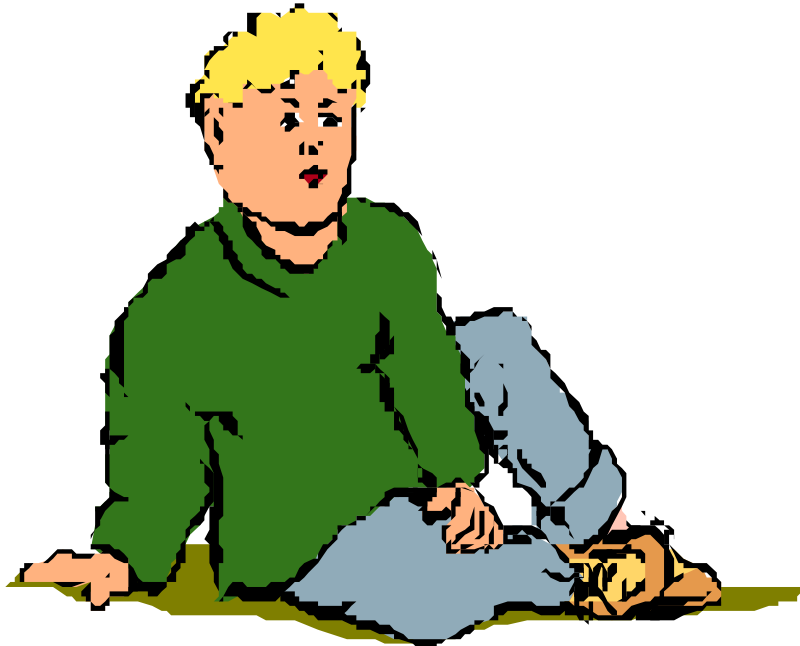
- Young Childhood
- (5-9 years)
 - Major theme
 - Fear of being displaced and grief
 - Symptoms
 - School difficulties, fear of being replaced, fear for well-being of absent parent
 - What to do
 - Have contact with absent parent, okay to grieve, stress not cause of divorce

Age Effects

- Older Children
- (9-12 years)
 - Major theme
 - Acting out
 - Symptoms
 - Fighting with parent, spying for other parent
 - What to do
 - Be patient & loving, cope with your own feelings, expect some physical complaints



Age Effects



- Adolescence:
 - Major theme
 - Fear of own relationship failures
 - Symptoms
 - Independence, promiscuous behavior, confusion of right/wrong regarding divorce
 - What to do
 - Continual contact and communication, discussions on lasting relationships, encouragement

Crisis Management



The Grieving Process



Reactions to Death

- Physical Reactions:

- numbness, unfeeling, pain, tightness in the throat, disinterest in eating, can't sleep, tired

- Emotional Reactions:

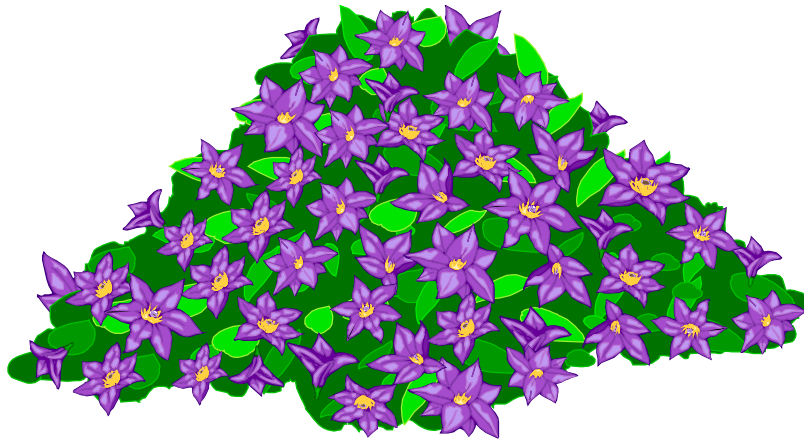
- stabbing pain, sudden anger, sense of unfairness, feeling of relief, guilt, anger, hostility, fear, anxiety

Mourning Process

- Shock:
 - Time between time of death and the time the final arrangements are made for the body
 - Denial



Mourning Process



- Intense Pain and Feelings of Loss
 - 2-3 months after death
 - Withdrawal from world
 - Restless sleep
 - Weight loss

Mourning Process

- Resolution:
 - Starts living a normal life again
 - Eating and sleeping habits return
 - Memories of deceased bring joy and pleasure rather than the pain of grief





Major Stage in Dying

- **Clinical Death**
 - Heart and lungs cease to function
- **Brain Death**
 - Lack of oxygen to brain cells
- **Cellular Death**
 - When oxygen in the tissue and organs is depleted and all functions slowly cease



Death and Grieving Vocabulary

- Match the death and grieving terms with the correct definitions.
- How many can you do?

Obituary



- Create your own obituary!!!