



# Parenting Styles

Authoritarian, Permissive, & Democratic



# **Authoritarian:**

## ***Limits without Freedom.***

- *Parents' word is law, parents have absolute control.*
- *Misconduct is punished*
- *Affection and praise are rarely given*
- *Parents try to control children's' behavior and attitudes*
- *They value unquestioned obedience*
- *Children are told what to do, how to do it, where to do it, and when to do it.*



# Outcomes of Authoritarian Parenting

- Obedient
- Distrustful
- Discontent
- Withdrawn
- Often Rebel
- Not High Achievers
- Hostile
- Unhappy

*Children from authoritarian homes are so strictly controlled, either by punishment or guilt, that they are often prevented from making conscious choices about particular behaviors because they are overly concerned about what their parents will do.*



# **Permissive:**

## ***Freedom without limits.***

- *Parents allow their children to do their own thing.*
- *Parents make few demands on children.*
- *Impatience is hidden.*
- *Discipline is lax & children are rarely punished*
- *Parents are resources rather than standard makers*
- *Non-controlling, non-demanding*
- *Usually warm*
- *Children walk all over the parents*



# Outcomes of Permissive Parenting

- Aggressive
- No self-reliance
- No self-control
- Least exploratory
- Most unhappy

*Children from permissive homes receive so little guidance that they often become uncertain and anxious about whether they are doing the right thing.*



# Democratic:

## Freedom within limits

- *Stress freedom along with responsibility*
- *Parents set limits and enforce rules*
- *Willing to listen to child's requests*
- *Children contribute to discussion of issues and make some of their own decisions*
- *Exert firm control when necessary, but explain reasoning behind it.*
- *Respect children's interest, opinions, unique personalities.*
- *Combine control with encouragement*
- *Reasonable expectations and realistic standards.*



# Outcomes of Democratic Style

- Happy
- Self-reliant
- Self-controlled
- High-achiever
- Cooperative & Content
- Less likely to be seriously disruptive or delinquent

*Children whose parents expect them to perform well, to fulfill commitments, and to participate actively in family duties, as well as family fun, learn how to formulate goals. They also experience the satisfaction that comes from meeting responsibilities and achieving success.*