

Sexual Violation

Rape

PROFILE OF A Perpetrator

- Most often in their late teens through the thirties
- Often physically or sexually abused as a child
- Desire for sex is not the reason people rape.
 - Power and Control are the motivators
- Often have low self-esteem which results in the desire to control someone else to help them feel better about themselves

Profile of the Victim

- ◉ May be male or female, infant, child, teenager, adult, elderly, or disabled
- ◉ They may be of any race
 - 93% of cases the victim is the same race as the perpetrator
- ◉ 2/3 of all victims are under the age of 25
- ◉ 80% of teenage victims knew their attacker

Sexual Violations

● Rape

- Forced sexual intercourse that involves penis to vaginal penetration.

● Sexual Assault

- A term referring to a spectrum of assaults, which can include but are not limited to, rape, incest, indecent exposure, molestation and sexual harassment.

● Sexual Abuse

- Indecent liberties (touching of buttocks, genitals, breasts, mouth or forcing another to touch those areas)

● Incest

- Sexual abuse in which the perpetrator and the victim are related by blood or marriage.

Consent

● Consent

- Involves full understanding of potential repercussions; must have true freedom to say yes or no.

● Four main situations in which an individual is unable to consent to sexual activity:

- Under age 14 (and other statutory combinations)
- Power imbalance between two individuals
- Temporary/permanent mental disability
- While under the influence of drugs and/or alcohol

Consent

- ◉ Consent is active not passive
- ◉ True Consent is not coerced
- ◉ Responding in fear by freezing is not consent
- ◉ Consent is possible only when there is equal power
- ◉ Being deceived or manipulated is not consent
- ◉ If you can't say "no" comfortably, "yes" has no meaning
- ◉ If you are unwilling to accept a "no", "yes" has no meaning
- ◉ Legal consent is VERBAL and given without trickery, manipulation or intimidation
- ◉ Consent is based on choice

In order to give Consent . . .

- Must be 14 years or older
- Does not have a permanent or temporary mental disability
- A power differential between persons doesn't exist
- Knows exactly what the sexual behavior involves
- Is able to choose whether or not to engage in a particular act with a particular person at a particular time in a particular place
- Is able to freely communicate feelings to their partner
- Has the true freedom to say “yes” or “no”

TRUE CONSENT

- You want to be there
- You are sober
- You verbally agree to and feel comfortable actively participating in sexual behaviors
- You don't feel pressured or uncomfortable

Types of Rape

- ◉ Stranger rape

- 30% of all rapes in the US

- ◉ Acquaintance Rape

- Underreported but most common type

- ◉ Gang Rape

- ◉ Marital Rape

Drugs & Alcohol

- Police Records show that 63% of perpetrators of rape were under the influence of drugs or alcohol at the time of the rape

Precautions

● Precautions in your home

- Make sure you have a deadbolt and a door viewer
- LOCK YOUR DOORS!!
- Close your Blinds/Shades when it is dark
- Make sure all entrances and sidewalks are well lit
- Never hide a key over the door frame or in a flower pot
- Don't allow strangers to use your phone for emergencies
- Require identification from all service personnel

Precautions

● On the Street

- Don't accept rides from strangers
- Keep away from darkened doorways, parking lots, alleys, parks and open fields, or deserted Laundromats
- Avoid deserted bus stops—try to catch the bus when others will be there
- Don't give rides to strangers

Precautions

- Always lock your car when you get in or out
- Look in the back seat and on the floor before getting in to see if anyone is hiding there
- Don't stop for gas or directions in an area that look dangerous
- If you think you are being followed do not go home—drive to the nearest police station

Precautions

● On Dates

- Meet new people in public places
- Try to date a new person as part of a group
- Trust your instincts about possible danger
- Express yourself and expect your statements to be honored. Maybe does not mean YES only YES means YES!
- Remember alcohol and drugs inhibit your decision-making ability
- Tell people who you are with and where you are going
- Take a cell phone if you can

If you are Victimized

- DON'T SHOWER before talking to an officer.
- Place the clothing or bedding involved in a paper bag
- Go to the emergency room or Women's Crisis Center immediately
- Call the police immediately
- Remember that if you don't report the incident the attacker will be free to repeat what he did to you
- Make a conscious effort to remember physical features of the attacker as well as description of vehicle, license plate #, etc

How to Help someone

- Believe the experience with out question
 - DO NOT blame the Victim
- RESPECT their fear
 - They often are told they will kill them if they tell
- ACCEPT their feelings
 - Be Supportive
 - Tolerate their moods
- LISTEN without making judgment or offering advice