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*Values*

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# *What are Values?*

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- *Qualities, Characteristic or ideas about which we feel very strongly.*
- *Values define what is of worth.*
- *Our values affect our decisions, goals, and behavior.*
- *Values help guide your actions & judgments.*
- *Believe it or not our values even affect the purchases we make.*

# *Who/What influences your Values?*

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- Home
- Society
- School
- Friends
- TV
- Internet
- You Tube
- My Space
- Church
- Music
- Books
- Families
- Culture
- Employers
- The Years you were raised

# *Age influences Values*

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- Ages 1-7
  - *Parents & Siblings*
- Ages 8-13
  - *Teachers*
  - *Heroes (sports, rock, TV)*
- Ages 14-20
  - *Friends (choose good ones!)*
- Ages 21
  - *Your values are established, but you may test your values from time to time.*

# *Characteristics of Values*

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- *Values are personal*
- *Our actions point to what we really value*
- *Our values give us our perception of the world*
- *Inconsistent behavior may indicate an absence of values*
- *Values change as experiences change*

## *More Characteristics*

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- *Respect others values*
- *When faced with adversity, our values determine our choices*
- *Our values give us identity*
- *Values are subject to change!*

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# *Types of Values*

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## *Moral Values*

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- *What is right or wrong; codes by which to live*
- What is an example?



# *Aesthetic Values*

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- *What you feel has beauty in nature and life*
- Do we all feel the same way about this?

## *Material Values*

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- The things we want to spend our money on
- How many of you only buy things on sale?

## *Intrinsic Values*

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- Things that have value to us in their own right
- Example: An antique car, a best friend, a grandpa

## *Extrinsic Values*

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- *You value something because it helps you get something you desire*
- Example: You are friends with a someone because you are interested in dating their sibling.

# *Universal Values*

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- *Values that most people agree*
- Equality, world peace, respect.
- Does everyone feel this way?

## *Group Specific Values*

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- *Each region or groups values are specific to them.*
- Can you think of an example?